

What do we do to prevent bullying at the Good Shepherd Catholic Primary Academy?

- We try to live like Jesus.
- We have an Anti-Bullying Policy to help everyone understand the school aims and procedures.
- We have a whole-school Behaviour Policy, which clearly defines acceptable and unacceptable behavior while promoting a culture of reconciliation.
- We learn about important values, like love, respect, tolerance and honesty in our RE, our Collective Worship and PSHE lessons.
- We recognise that we are made in God's image and likeness and we teach you how special it is that God made us all to be unique.
- We celebrate difference and diversity.
- We celebrate Anti-Bullying Week each year and have anti-bullying lessons in PSHE.
- We learn about our feelings and emotions in our PSHE lessons and how we should manage these and show empathy to others.
- We learn about cyberbullying in our Computing lessons.
- We have buddy benches, class concern boxes, class buddies, Wellbeing Warriors and an anti-bullying display,

"Love your neighbour as yourself." Matthew 22



Matthew 22:34-40

Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind."

This is the first and greatest commandment. And the second is like it:

"Love your neighbour as yourself."



The Good Shepherd
Primary Catholic Academy
Our School • Our Community

Child-Friendly Anti-Bullying Policy 2020



**We try to live
like Jesus**

What is Bullying?

In our school, a bully is someone who is being mean or unkind to the same person over and over again, on purpose. Their behaviour is meant to hurt, frighten or upset the other person. Bullying is something that happens:

Several
Times
On
Purpose



Types of bullying. Bullying can be ...

Emotional: Hurting people's feelings and leaving people out.

Physical: Punching, kicking, spitting, hitting, pushing, pinching.

Verbal: Using unkind words to hurt.

Cyber: Using texting, emailing, online gaming and social media to bully someone.

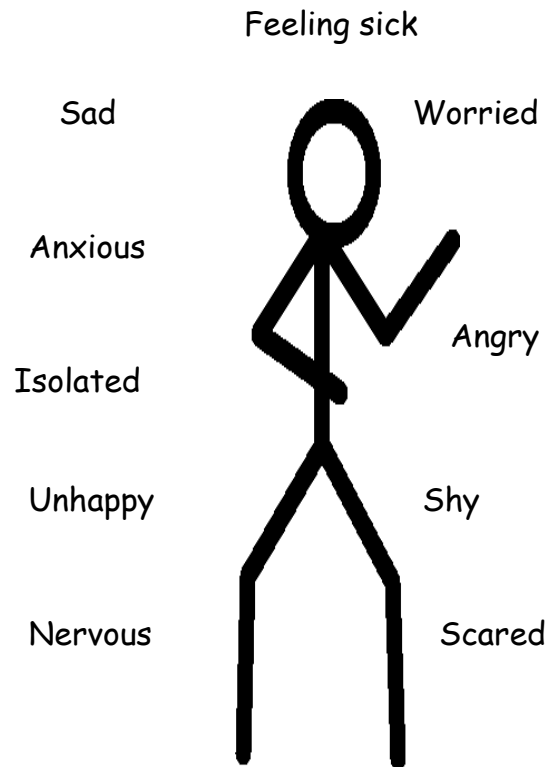
Prejudice: Targeting someone based on stereotypes that you have about their differences or perceived differences.

Racist: Calling people names because of the colour of their skin, their religious beliefs or where they come from.

What is Anti-Bullying?

It is all the things we do in school to stop bullying happening and to make our school a happy and safe place for everyone.

How can bullying make a person feel or act?



Butterflies in your tummy

We never want anyone to feel like this at The Good Shepherd Catholic Primary Academy.

What will happen if I tell someone in school that I am being bullied?

- ❖ We will listen to you.
- ❖ We will help find ways to make the bullying stop.
- ❖ We will check-in on you.

What will happen to the bully?

- ❖ We will make sure they stop.
- ❖ We will work with them to understand why they are bullying.
- ❖ We will support them to change their behaviour.

What can I do if I am being bullied?

Tell someone you trust:

- ❖ A member of staff in school
- ❖ A friend
- ❖ Parents/carers
- ❖ Brothers/sisters/grandparents
- ❖ Post a note in the class concern box



What should I do if I see someone else being bullied?

- ❖ Don't ignore the bullying.
- ❖ Tell the child to stop, if it is safe to do so.
- ❖ Tell someone that you trust. Don't stay silent or the bullying will keep happening.
- ❖ Be kind to the person being bullied.

