

By Aspens

Spring / Summer 2022 7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7 WEEK ONE

MONDAY

Authentic Italian

BBQ Chicken Pizza

Salad

TUESDAY

Family Faves

Beef Burger in a Bun

> Wedges Coleslaw

WEDNESDAY

Backing British

Roast Gammon

Roasties and Fresh Vegetables Gravy

THURSDAY

Food **Festival**

Chicken Curry

Rice Green Beans **FRIDAY** Fun

Day

Fish Fingers

Chips and Beans

Option 2

Option 1

Margherita Pizza Salad

Burger in a Bun

Wedges Coleslaw

Super Veggie

Veg Traybake

Roasties and Fresh Vegetables Gravy

Veggie Sausage & Quorn Vegetable Curry

> Rice Green Beans

Quorn Dippers

Chips Beans

V

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Warm Pineapple with Vanilla Ice Cream

Gingerbread Cake

Chocolate Brownie

Strawberry Mousse

Cookie

Fresh Fruit, Yoghurt and Salad available every day

Meat

V Veggie

Jacket Potato

Packed Lunch



By Aspens

Spring / Summer 2022 21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7 WEEK

MONDAY **Authentic** Italian

Chicken Pasta Bake

Penne Garlic Bread Green Salad

TUESDAY

Family Faves

BBQ Pulled Pork Wrap Wedges

Salad

British Roast Chicken & Stuffing

WEDNESDAY

Backing

Roasties and Fresh Vegetables Gravy

THURSDAY Food

Beef Lasagne Potato Wedges Rainbow Slaw

Festival

FRIDAY Fun Day

Breaded Fish Chips and Mushy Peas

Option 2

Option 1

Veggie Bolognese

Penne Garlic Bread Green Salad

Veggie Sausage

Wedges Beans

V

Pastry Slice

Roasties and Fresh Vegetables Gravy

Cheese & Onion Veggie Nachos & Cheese

Potato Wedges Rainbow Slaw

Carrot & Potato Cakes Homemade Tomato sauce

Chips and Mushy Peas

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Peach Puff Pastry Rice Krispie Cakes Slice & Custard

Chocolate & Marshmallow Cake

Apple Pie & Custard

Fruity Flapjack

Fresh Fruit, Yoghurt and Salad available every day

Meat

Veggie

Jacket Potato

Packed Lunch



By Aspens

Spring / Summer 2022 28/2, 21/3, 11/4, 2/5, 23/5, 13/6,

4/7,

MONDAY

Authentic Italian

Meatball, Pasta & Option 1 **Garlic Bread**

Sweetcorn

TUESDAY

Family Faves

Bangers & Mash Green Beans

Gravy

WEDNESDAY

Backing British

Roast Chicken & Stuffing

Roasties and Fresh Vegetables Gravy

THURSDAY Food

Chicken Stir Fry

Festival

Rice Broccoli **FRIDAY**

WEEK

THREE

Fun Day

Fish Fingers

Chips and Peas

Option 2

Tomato & Mozzarella Veggie Bangers Gnocchi

> Garlic Bread Sweetcorn

& Mash

Green Beans Gravy **Quorn Roast**

Roasties and Fresh Vegetables Gravy

Macaroni Cheese

Broccoli

Veggie Croquettes

Chips and Peas

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Chocolate Mousse with Mandarin

Sticky Toffee Pudding & Custard

Vanilla Sprinkle Sponge

Apple Crumble with Custard

Cookie

Fresh Fruit, Yoghurt and Salad available every day

Meat

Veggie

Jacket Potato Packed Lunch