



The Good Shepherd's Child Friendly Anti-Bullying Policy

Our school is a place where everyone shows love for Jesus through being kind and compassionate to all around us. In our school, everyone has the right to be themselves and we celebrate that we are all different. It's a place where everyone can feel safe, be happy and learn. Our school does not tolerate bullying.

What is bullying?



Bullying is when a person is hurtful or unkind to someone else on purpose and more than once. Bullying can be done by one person or by a group of people. A useful way to remember bullying is using the word 'STOP'

Several Times On Purpose

Bullying could be:

- Hitting or hurting someone
- Making threats
- Calling names, teasing or using rude language
- Sending hurtful or unkind messages on the internet
- Stealing or damaging someone's property
- Excluding someone purposefully
- Ignoring people and encouraging others to do the same
- Not allowing others to speak
- Spreading rumours about people



Bullying at our school happen because of someone's **protected characteristics**. This might include:

- Race
- Age
- Gender
- Religion
- Disability
- Relationships
- Who they choose you love
- How they choose to present themselves



Why does bullying happen?

Whilst we do not tolerate bullying at our school, it might still happen. Children who bully can be older, younger, bigger or smaller than you. Children often bully people because they are different in some way. They try to make them feel bad about themselves. [If you are being bullied, remember that it is never your fault.](#)

What should I do if I think someone is being bullied?

In our school [we all take responsibility in keeping each other safe](#). It is never okay to see someone being bullied and do nothing (being a bystander). You can tell people to stop (become a defender) or you can tell an adult about what has happened. If you think someone is being bullied then talk to the person, ask if they're okay and ask if you can help them talk to a teacher or an adult they trust.



What should I do if I'm being bullied?

If you are being bullied it is important to [tell someone you trust](#). Tell an adult or friend, either at school or at home.

If you have already told someone about bullying and you don't feel it has been sorted out, make sure you speak out again. This may be to the same person or to someone else.

If you, or someone you know, are being bullied you can:

1. Tell a teacher – your class teacher or any other teacher in school
2. Tell a friend you trust
3. Tell any other adult in school – such as Designated Safeguarding Leader, Teaching Assistants, Midday Supervisors or the School Office
4. Tell an adult at home
5. Write a note about the bullying in your class worry box or use the box outside Mrs Toner's office
6. Call ChildLine at any time for free on 0800 1111 who will listen to you and give you advice.