



Reading Newsletter

By Mrs Moore

Diary Dates

13th- 16th May - Y6 SATs

17th May - Mental Health Day

Wear something green



According to *The National Literacy Trust*:

- 3 in 5 (59.4%) children and young people told us that **reading helped them to relax.**
- Nearly 1 in 2 (46.0%) said **reading made them feel happy.**

Reading in the garden is my favourite place.
Reading makes me feel happy because you can go
anywhere you like in a book.
I would recommend reading Harry Potter and the
Prisoner of Azkaban, which I am reading in the
photograph below.



Fleur is one of our amazing librarians
and nothing will stop her from reading!

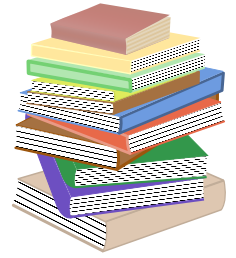
Did you know?

Children and young people who are the most engaged with literacy are three times more likely to have higher levels of mental wellbeing than children who are the least engaged.

(Clark & Teravainen-Goff, 2018)

A HUGE shoutout to Mrs O'Hara and family

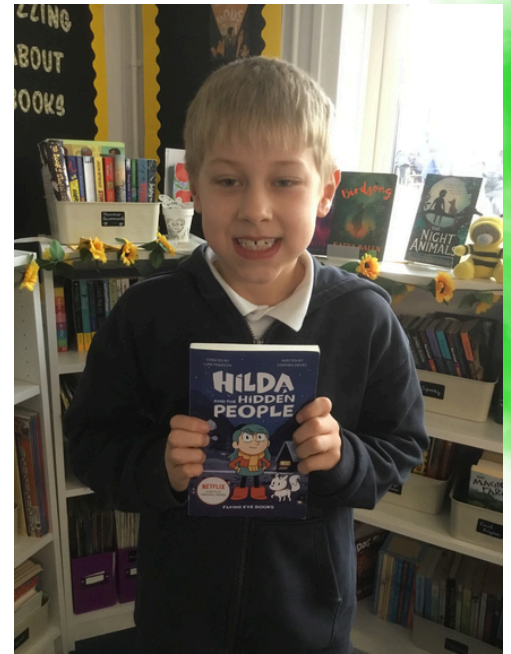
Thank you very much for donating hundreds of books to our library and classrooms. Mrs O'Hara is also our wellbeing governor.



Our Y6 Librarians have been hard at work setting up a display for Earth Day last month. They have also been supporting with Reading Rewards every Friday. Thank you Nyonu, Mia and Lottie!

Ned recommends:

Hilda and the Hidden People



Well, I have never met a child who talks so passionately about reading, as Ned did about this series of books. Keep an eye out in the library for the series and be sure to speak to Ned if you want to know more. Thank you, Ned, for chatting to me about your favourite books.

READING FOR PLEASURE
CLASS OF THE MONTH:
3AM



Did you know that reading can reduce stress?

Losing yourself in a good book has been shown to **reduce your levels of stress**. Research by Dr David Lewis showed that reading as little as **six minutes a day can reduce stress levels by 60%** by reducing your heart rate, easing muscle tension and altering your state of mind.

