PE at The Good Shepherd



Welcome to our final GSA Sports newsletter of the academic year. We have been active and having lots of fun this term!

Some children have had the chance to take part in a range of sports in events outside of school!

Football

Year 5 and 6 got involved in a thrilling football event. They were fantastic at working as a team and showcasing the many skills they have learned in their PE lessons!





<u>Tri-Golf</u>

This half term, some children had the opportunity to try out golf. The children practiced chipping and putting the ball in various activities. Some future Masters players perhaps?



What do our Mini Leaders say?



Martha...

The best thing about being a Mini Leader is helping out on Sports Day and wearing the high vis!



I have loved helping out with games and being a role model to the younger children.









Year 5 have been working on their rock n roll choreography in dance this term.

Green Day



On our 'Wear It Green Day', we took part in a whole school wake and shake morning!

GSA Gymnast





Vienne in Year 2 has showed off her outstanding gymnastics skills! She was chosen to be part of the rhythmic squad and has taken part in competitions!

Sports Day

Our children have had a brilliant Sports Day this year. They showed excellent sportsmanship and resilience when having a go at each race. It has been great to see our children live out our school values of achieving their best, showing respect to others and serving by cheering on their teammates! Well done to the parents who got involved too and were a super role model to the children.



Fun Fit Families

We want all our pupils to be active for life, to do this, we need your help! It is so important our children develop fundamental movement skills which they can build upon in secondary school and beyond.

Scan the below QR code to see why being active for life is so important!



Once a fortnight we will be sending home a fun, fit activity for the whole family to take part in. All activities include using things you can find around the home. We will update you on the latest activity on a Friday via Arbor, so please keep an eye out.

We would love to see our families being active, so please email a photo of your family to: <u>PE@goodshepherd.notts.sch.uk</u>

A special thank you to those families who have already sent in a photo, it has been great to see such a variety of sports being enjoyed in our school community!

Please note, your photo may be put on twitter to share with our community. We can't wait to see our families being active and having fun!



@thegsaprimary