



PE Overview

Physical Education Curriculum Map 2024 - 2025

	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
Nursery	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Ball Skills: Unit 1	Games: Unit 1
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Ball Skills: Unit 2	Games: Unit 2
Year 1	Fundamentals	Target Games	Dance	Fitness	Invasion Skills	Athletics
PPA	Gymnastics	Ball skills	Sending and Receiving skills	Team Building	Net and Wall skills	Striking and Fielding skills
Year 2	Fundamentals	Target Games	Dance	Fitness	Invasion Skills	Athletics
PPA	Gymnastics	Ball skills	Sending and Receiving skills	Team Building	Net and Wall skills	Striking and Fielding skills
Year 3	Fundamentals	Ball skills	Dance	Swimming	Swimming	Swimming
PPA	Gymnastics	Invasion - Netball	Invasion – Tag Rugby	OAA	Net and Wall - Tennis	Athletics
Year 4	Fundamentals	Ball skills	Invasion – Football	Fitness	Dance	Striking and Fielding - Rounders
PPA	Gymnastics	Target games - Dodgeball	Invasion - Basketball	Invasion - Hockey	Net and Wall - Tennis	Athletics
Year 5	Fitness	Invasion – Hockey	OAA	Weekly mile	Dance	Net and Wall - Tennis
PPA	Invasion – Handball	Invasion - Netball	Gymnastics	Invasion - Football	Striking and Fielding - Cricket	Athletics
Year 6	Invasion – Tag Rugby	OAA	Dance	Net and Wall - Tennis	Net and Wall - Badminton	Striking and Fielding - Rounders
PPA	Gymnastics	Target games - Dodgeball	Invasion - Basketball	Invasion - Football	Striking and Fielding - Cricket	Athletics