# PE at The Good Shepherd



Welcome to our final GSA Sports newsletter of the academic year. We have been active and having lots of

# **Throwing & Catching**

Some of our children took part in a throwing and catching event alongside other local schools. The event helped the children to develop their coordination, teamwork and fundamental movement skills in a fun and supportive environment.





## Wrestling

We went to a wrestling event this half term. Led by experienced coaches, the session focused on balance, control, and safe movement, giving the children a fun and structured way to explore wrestling.





## **Football**

Year 5 and 6 got involved in a thrilling football event. They were fantastic at working as a team and showcasing the many skills they have learned in their PE lessons!





#### **Great Athletes Visit**

We had a visit from Joel Fearon, a GB bobsledder. He led our children in an enthusiastic fitness circuit and an inspiring assembly about his sport. We raised lots of money to help us get new sports equipment!









#### **Sports Day**

This year's Sports Day was a fantastic success! Our children displayed wonderful sportsmanship and determination as they took part in each event. It was great to watch them embody our school values – showing courage, treating others with respect, and supporting one another with enthusiastic cheers. A big thank you to the parents who joined in the fun and set a great example for our young athletes!









# What do our children say?



I enjoyed the football tournament this year because you get to play with children you wouldn't normally play





I have loved being part of the football team this year and getting to experience going to

